



GAUDENS RESTAURANT

STARTERS

Soup of the day (V)

Homemade brown bread

(Allergens 6 gluten wheat, barley oats, 7, 9, 12)

Goats cheese salad

Crispy goats cheese salad with tomato jam, candied walnuts, roasted red pepper

(5 nuts, walnuts, almond pecan Brazil pistachio cashew hazelnut, macadamia, 6 cereals containing gluten, 7 dairy, 8 soya, 9 sulphur, 11 egg)

Hot & Spicy Chicken Wings

Blue cheese dip, house slaw & spicy hot sauce

(Allergens 6 gluten wheat, barley oats, 7, 9, 10 sesame, 11, 13)

MAINS

Pan Fried Salmon

New potato, green beans, confit tomato, basil beurre blanc, rocket leaves

(Allergens 3 fish salmon, 7, 9, 11)

Grilled Sirloin Steak*

Sirloin steak, cooked to your liking, roasted onion served with green beans, charred tender stem broccoli, chunky chips and brandy pepper sauce

*(Allergens 7, 9) *Supplement 5€*

Traditional Chicken Curry

Basmati rice, poppadum & raita

(Allergens 5 Almond, Brazil nuts, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut, 6 gluten wheat, barley oats, 7, 9, 13)

Gnocchi (V)

With roasted red pepper, kalamata olives, baby spinach, charred tender stem broccoli

(Allergens 6 gluten wheat, barley oats, 7, 9)

DESSERTS

Irish Cream Cheesecake

(Allergens 5 Almond, Brazil nuts, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut, 6 gluten wheat, barley oats, 7)

Warm apple crumble

vanilla ice cream

(Allergens 9, 11)

Brownie

vanilla ice cream

(Allergens 6 gluten wheat, barley oats, 7, 11)

All Beef served on our menu is of Irish origin.

PLEASE NOTIFY A MEMBER OF OUR TEAM REGARDING ANY ALLERGIES OR FOOD INTOLERANCES

Allergen index

1 crustaceans, 2 molluscs, 3 fish, 4 peanuts, 5 nuts (Almond, Brazil nuts, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut), 6 cereal containing gluten, 7 milk/milk products, 8 soya, 9 sulphur dioxide, 10 sesame seeds, 11 egg, 12 celery and celeriac, 13 mustard, 14 lupin