



# GAUDENS RESTAURANT

## STARTERS

### Soup of the day (V) €8.50

Homemade brown bread

*(Allergens 6 gluten, rye, barley, oats, 7, 9, 12)*

### Hot & Spicy Chicken Wings €13

Blue cheese dip, house slaw & spicy hot sauce

*(Allergens 6 gluten, rye, barley, oats, 7, 9, 10 sesame, 11, 13)*

### Tomato & Mozzarella (V) €12

Heirloom tomato, and Buffalo mozzarella  
basil & rocket, black olive crumb.

*(Allergens 7, 9)*

## SALADS

### Charlemont Super Salad €14 (V)

Baby Spinach, Avocado, Puy Lentils, Grilled Halloumi  
Tender Stem Broccoli, Charred Asparagus

*(Allergens 7, 9, 13)*

### Classic Caesar Salad €13

#### Add Chicken €5

Baby Gem, Parmesan Mayonnaise, Pancetta,  
Focaccia Crouton Parmesan

*(Allergens 6 gluten, rye, barley, oats, 9, 11, 13)*

## SIDES

### French Fries €5

### Truffle & Parmesan Fries €7

*(Allergens 7, 9, 11)*

### Loaded Bacon & mozzarella fries €7

Ranch dressing

*(Allergens 7, 11, 13)*

### Green Beans and Bacon €5

*(Allergen 7)*

### Tender Stem Broccoli €5

Sesame and toasted almonds

*(Allergens, 5 Almond, Brazil nuts, Cashew, Hazelnut, Macadamia, Pecan,  
Pistachio, Walnut, 7, 10, sesame)*

## MAINS

### Grilled 10oz Sirloin €34

Green beans, Tender stem Broccoli,  
Chunky Chips, Peppercorn sauce

*(Allergens 7, 9, 12, 13)*

### Pan fried fillet of Salmon €24

Pan fried fillet of salmon, new potato green beans confit  
tomato, basil beurre Blanc rocket leaves

*(Allergens 3 fish salmon, 7 lactose, 9 sulphur)*

### Beef Burger €22

Smoked streaky bacon, gruyere cheese, pickles, lettuce,  
tomato, home smoked ketchup on A Brioche Bun, Fries

*(Allergens 6 gluten, rye, barley, oats, 7, 9, 11)*

### Beer Battered Fish & Chips €22

Wasabi pea puree, tartar sauce

*(Allergens 3 cod, 6 gluten, rye, barley, oats, 7, 9, 11, 13)*

### Traditional Chicken Curry €22

Basmati rice, poppadum & raita

*(Allergens 5 Almond, Brazil nuts, Cashew, Hazelnut, Macadamia,  
Pecan, Pistachio, Walnut, 6 gluten, rye, barley, oats, 7, 9, 13)*

### Spicy Prawn & Chorizo Pil Pil €22

Sauté prawns and chorizo in olive oil garlic and chilli fresh  
parsley.

*(Allergens 1 Prawn, 6 gluten, rye, barley, oats, 7, 9, 13)*

### Vegetarian Chickpea Korma (V) €18

Cauliflower, chickpeas, sweet potato

Basmati rice, poppadum & raita

*(Allergens 5 Almond, Brazil nuts, Cashew, Hazelnut, Macadamia,  
Pecan, Pistachio, Walnut, 6 gluten, rye, barley, oats, 7, 9, 13)*

**All Beef served on our menu is of Irish origin.**

PLEASE NOTIFY A MEMBER OF OUR TEAM REGARDING ANY ALLERGIES OR FOOD INTOLERANCES

Allergen index

1 crustaceans, 2 molluscs, 3 fish, 4 peanuts, 5 nuts (Almond, Brazil nuts, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut), 6 cereal containing gluten, 7 milk/milk products, 8 soya, 9 sulphur dioxide, 10 sesame seeds, 11 egg, 12 celery and celeriac, 13 mustard, 14 lupin